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“I loved the flexibility of choosing my own rotations to customize my internship experience. Because of this internship and the requirement to secure my own rotations, I ended up in my dream job before I even finished my internship.”

“This truly is an intern-focused program and I can’t thank you enough for providing me with the opportunity to complete this internship without having to move away from home.”

“Everyone was always so supportive, helpful, and timely in their responses. Despite the 'distance' of a distance internship, I always felt like the team was right there with me.”



99%

Internship Satisfaction Rate



“The DI for years has been arcane and outdated and the Wellness Workdays experience is leaps and bounds in the direction that the dietetic internship as a whole should strive for. I cannot speak highly enough of the staff at Wellness Workdays. It’s truly been a great experience, and everyone has been a great help.”

Based on results from WWDI 2021 Exit Interview

Contact Us

781-741-5483

WWDI@wellnessworkdays.com

@WellnessWorkdays

Wellness Workdays Dietetic Internship

Wellness Workdays

WWDI has been granted full accreditation by the Accreditation Council for Education in Nutrition and Dietetics of the Academy of Nutrition and Dietetics, 120 South Riverside Plaza, Suite 2190, Chicago, IL 60606-6995, (312) 899-0040 ext 5400.

**Accreditation Council
for Education in
Nutrition and Dietetics**

The accrediting agency for the
eat right.
Academy of Nutrition
and Dietetics

Wellness Workdays Dietetic Internship



“One of the most innovative
Dietetic Internship Programs
in the country”



Wellness
Workdays™
DIETETIC INTERNSHIP

Wellness Workdays Dietetic Internship (WWDI) offers a unique distance education-based program designed to meet the individual needs and interests of a group of dynamic, inspiring individuals to become registered dietitians.

What Makes Our Program Unique



Saves Money

Avoid the financial burden of moving by completing your rotations close to home.



No Relocation Needed

Complete rotations in the geographical location of your choice.



Flexible Scheduling

Create a rotation schedule that best meets your needs.



Personalize Your Experience

Choose rotations in areas of dietetics that interest you most and align with career goals



Expand Your Network

Connect with interns, alumni, and preceptors from around the country.

Two Program Tracks

Degree Track

For those who need to obtain a Master's Degree while completing the internship. Interns can complete their internship part-time (16-24 hours/week) while completing their degree.

Non-Degree Track

Our internship-only pathway for those who already have a Master's Degree. Non-degree track interns can complete their internship full time (32-45 hours/week).

Three Unique Concentrations

We're excited to offer concentrations in three exciting and growing fields of dietetics. WWDI interns can choose one of the following for their concentration rotation:



**Worksite Wellness
& Health Promotion**



**Sports Nutrition
& Entrepreneurship**



**Nutrition Communications
& Marketing**

Four Combined Masters-DI Program Affiliations

Degree track interns can choose to complete their degree with one of our four affiliated programs or the program of their choice

Framingham State University

Earn your M.Ed. completely online while completing your dietetic internship in just two years.

Merrimack College

Earn your M.S. online or in-person while completing your dietetic internship in just one year.



Johnson & Wales University

Earn your M.B.A. completely online while completing your dietetic internship in just two years.

Simmons University

Earn your M.S. completely online while completing your dietetic internship in just two years.

A Supportive Team

At WWDI, it is our mission to offer a flexible distance program while providing the supportive environment of a smaller internship. We understand the difficult journey to become a Registered Dietitian and work to support our interns during and after their internship. Each intern will have their own RD advisor to mentor and support them through their internship, plus the support of the entire WWDI team from the moment they match, to when they become a RD and beyond.

Prior Assessed Learning

Interns may apply for Prior Assessed Learning (PAL) credits to lessen their total internship hours. Applicants with significant and relevant work experiences may receive PAL credit to account for one of their rotations (Food Service, Community, or Concentration rotation).

RD Exam Prep

WWDI provides interns with a comprehensive RD exam prep program and group tutoring sessions. Interns will also be prepared through completion of DI assignments and class days.

Is A Distance Internship Right For You?

Some key attributes we see in successful distance dietetic interns include:

**Self-starter
Open-minded and flexible
Very organized
Strong communication skills**

**Great time management skills
Competence with technology
Comfortable with remote learning**

How to Apply

Applicants must complete a DICAS application in addition to our free supplemental application. Application requirements include:

**DPD Verification Statement or Letter of Intent
GPA of 3.0 preferred
3 Letters of Recommendation
Master's Degree for Non-Degree track applicants
Selection of one of our graduate programs or proof of acceptance to another graduate program for degree track interns**